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Mentes LÃ°cidas Y Longevas (Spanish Edition)

Adolf Tobeña

MENTES LÚCIDAS
Y LONGEVAS



El espejo y la lámpara



Synopsis

No todas las personas que alcanzan una edad avanzada lo hacen en las mismas condiciones. Hay ancianos enérgicos y admirables, que gozan de una vida productiva durante un tiempo muy prolongado y hasta el final de su existencia, mientras que otros se ven sumidos en procesos de deterioro ostensibles y dramáticos. Frente a esas diferencias tan acusadas, y tan decisivas, cada vez resulta más evidente que no basta con achacarlas a factores individuales, relacionados con modos de vida o con la propia peripecia personal: hay razones mucho más complejas.

Book Information

File Size: 5146 KB

Print Length: 220 pages

Publisher: Univ. Autònoma Barcelona (January 1, 2011)

Publication Date: January 1, 2011

Sold by: Digital Services LLC

Language: Spanish

ASIN: B00DAT0YYU

Word Wise: Not Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #2,950,841 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #76

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